**READ ME: How to Install Fonts – Poppins Font Family**

Installing Poppins Fonts on Windows or macOS

These fonts are in `.ttf` (TrueType) format and can be installed on both Windows and Mac computers.

---

Windows Instructions

1. Open the `Poppins-Font-Family` folder.

2. Select all `.ttf` files you want to install (Ctrl + A to select all).

3. Right-click the selected files.

4. Click "Install".

Your fonts will now be available in Microsoft Word, PowerPoint, Outlook, Google Docs (if synced via Extensis or added manually), Adobe apps, and more.

---

Mac Instructions

1. Open the `Poppins-Font-Family` folder.

2. Double-click each `.ttf` file.

3. In the preview window, click "Install Font".

4. Font Book will open and install it.

The fonts will now appear in all supported apps (Word, Keynote, Adobe, etc.).

---

Need help?

If you're having trouble, contact [communications@simpology.com.au](mailto:communications@simpology.com.au) for assistance.